8/02/2017

Dear Parents

Welcome to Week Two of the school year. The children have settled in very well to their new routines and class expectations and have actively contributed to the formulation of their Class Code of Conduct. Walking around the school this week, it is a pleasure to interact with happy and enthusiastic students who are keen to work towards achieving their personal goals for 2017. Below are a few reminders about school procedures.

Attendance and Punctuality

Thank you to the majority of parents who are ensuring their sons/daughters arrive at school before the 8.30am bell ready to start the day! The first siren rings at 8.25am in preparation for the school day to begin promptly at 8.30am. Parents are reminded that Sacred Heart has an OSHC (Outside School Hours Care) Service for any parents who need to drop their child/children before 8.00am when before school duty and supervision begins. Year One to Six classroom doors are opened at 8.15am allowing students to organise themselves for the day ahead.

If you are taking your child/children out of school for an extended period of time (eg a family holiday), it is a legal requirement that you inform the school and fill out a ‘Leave of Absence Notification’ and return it to the school office before the leave is taken. This form is available from the school office or from the school website.

Parent Information Evening

Tomorrow evening, Thursday 9th February is our annual Parent Information Evening for PP-6 classes. This is a very important night enabling you as parents to gain a deeper understanding of the structures and programmes in your child/children’s classroom.

The format of the will be:
- 6.00 – 6.30pm all parents in Brennan Hall
- 6.40 – 7.15pm Year Level Classroom Meetings
- 7.25 – 8.00pm Repeat of classroom meetings

Please note that this is an adult only evening.
We look forward to seeing you at these important evenings.

The Kindergarten Meeting will be held on 13 February at 6.00pm.

Car Park Safety

The start of the school year with new and Year One families using ‘drive through’ for the first time is an ideal time to refresh our memories on safety procedures:

- Drive SLOWLY (no more than 5km/h)
- The Ovens Road gate is an EXIT gate. Do NOT drive in this gate against the flow of traffic
- Use the right lane to park in marked bays if picking up children from Kindy or Pre-Primary, or if you have an appointment with a teacher or in the office
Use the left lane for ‘drive through pick up’ and remain in line until the vehicle ahead moves off
- Parents must remain with their cars in the ‘drive through’ at all times
- Cross to parked cars only on the crosswalks
- Be especially careful and watch for children and toddlers when reversing in the car park
- Observe NO PARKING and NO STANDING spaces
- No parking on the footpaths or on the paved area around the church
- No parking in the staff car park
- No parking in the disabled bays, unless you have a valid ACROD sticker

The car park is a shared space so patience and courtesy are paramount for the safety of all children.

Many thanks to all the parents and children who wave from their cars as they go past in the ‘drive through’ or say ‘good afternoon’ or ‘thankyou’ as they go across the cross walk. It is a joy at the end of a busy school day to receive these greetings and something that I and other staff members really appreciate.

May this week be a good one for you and your family.

Anita McArdle
Assistant Principal

Sustainability News

New Bins…
Welcome back! This year sees the introduction of a new recycling system at Sacred Heart! We are very excited to have some new bins in various areas around the school and encourage everyone (even staff and parents) to use them correctly to help reducing the amount of waste our school produces. We now also have a recycling bin JUST for paper! All the paper we recycle here goes to Guildford and is bailed up to me made into other recyclable products.

- **Yellow** lid bin – for paper only – clean lunch bags, paper scraps
- **Blue** lid bin – for plastic only – pop top drink bottles, Crunch&Sip cups
- **Red** lid bin – for mixed recycling – aluminium cans, tins, empty milk cartons
- **Green** lid bin – for compost scraps only

It is so important that we learn to recycle correctly.
Did you know that the following items **CANNOT** go in your yellow lid bin at home?

- Tetra packs
- Plastic bags
- Glad wrap and chip packets
- Polystyrene
- Paper towel and tissues
- Household rubbish

Don’t forget…
Wednesday is **Waste-Free lunch day** – bring a lunch box without waste – use recyclable or reusable products to package your lunch.

**Battery recycling** – the yellow bin can be found in the front office.

Mrs Donna Bathols
Sustainability Coordinator
Dear Parents and Caregivers

Welcome to the start of the 2017 school year. This year promises to be full of exciting new opportunities and possibilities for your child in Catholic Education.

If you are new to our system, I would like to extend a very warm welcome to you and your family. I am delighted that you have chosen to join the Catholic Education Western Australia system, which provides a faith-based education and inspires a passion for learning and discovery for more than 75,000 students in 163 school communities right across the State. You are joining Catholic Education at an exciting time of system success, growth and transformation.

In 2016, one of the many encouraging indicators of the success of our system was the WACE achievement of our Year 12s. Approximately 96 percent of CEWA students achieved a WACE, above the total State average, while CEWA students improved their Median ATAR again to 81.95, and were awarded a total of 3,178 VET Certificate 2 or higher.

In the past four years, our system has grown with the opening of seven new schools and colleges. Early Years Learning and Care is a key focus for us moving forward in 2017 as we seek to offer exceptional learning experiences for children in a vital period of their development, while meeting the needs of today’s families.

This year we aim to reimagine collaborative learning at every school across our system by implementing our digital transformation initiative, LEADing Lights. LEADing Lights is a single digital eco-system, designed to equip students with the 21st century technologies and deep learning skills that will best prepare them for the future. Much work is underway in this space to ensure that this initiative supports world-class learning and development experiences for both students and staff.

Catholic schools rely on the contribution of parish, staff, students and parents working in partnership to sustain their vibrancy, educational excellence, and faith life. With your support and involvement in your child’s learning, the efforts of our dedicated staff and Principals, we will ensure that our Catholic schools help your child reach toward their God-given potential.

Thank you for your continued support and I wish you all the best for the year ahead.

Yours sincerely

Dr Tim McDonald
Executive Director, Catholic Education Western Australia

CHAPLAINS CORNER

PARENT YOGA SESSIONS
I am a yoga teacher, and I will again be running yoga and relaxation sessions for parents and caregivers every Thursday AFTERNOON 1.30—2.30pm followed by afternoon tea and a chat. You will be exposed to some great techniques to not only keep yourself spiritually, mentally and emotionally more balanced but you will be able to reinforce what your children will be learning as well, so pass the word around. I will tell you more in next week’s newsletter, so watch this space.

Please feel free to call in or ring 9251 3000 if you have any questions or comments. It’s great to be back.

Frances Mercer

SCHOOL FEES AND HEALTH CARE CARD—FINAL CALL
School fees will be generated tomorrow. If you are in possession of a HEALTH CARE CARD (in the name of the parent) you may be eligible for tuition discount. It is necessary to bring the card to the office for photocopying by tomorrow (Thursday) morning so that the discount can be applied.

Mrs Steen
THE WELCOME BACK TO SCHOOL
EVENING ON THE GREEN HAS BEEN POSTPONED

Due to the heavy rain forecasted for this Friday, we have decided to postpone the event to

FRIDAY 24 FEBRUARY
5.00pm to 8.30pm

We are looking forward to a wonderful evening to celebrate the new school year.

Please bring your chairs and your picnic or there will be food available for purchase:
- Two Queens – Paella ($6-$10), Wood Fired Pizza ($12-$14) and Nachos ($10).
- Ice Cream and Coffee
- Lolly Bags

This year Wesley Goodlet Jamboree Scouts will provide the music. This band plays regular gigs at Lak-ers Tavern on a Sunday afternoon. We also have free face painting.

2016 Events and Activities

Thank you so very much for your support in 2016. With the aid of the school community your P&F raised $8,032 towards resources for the school. Here is a list of the events and activities that kept your P&F busy in 2016.

<table>
<thead>
<tr>
<th>Term One</th>
<th>Term Two</th>
<th>Term Three</th>
<th>Term Four</th>
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</thead>
<tbody>
<tr>
<td>Evening on the Green</td>
<td>Mother’s Days Stalls</td>
<td>Casino Bus Trip – Lunch and Dinner</td>
<td>Bunnings Sausage Sizzle</td>
</tr>
<tr>
<td>Easter Egg Raffle</td>
<td>Sacred Heart Day</td>
<td>Father’s Day Stalls</td>
<td>World Teachers’ Day</td>
</tr>
<tr>
<td>Heather Brae Slice Drive</td>
<td>- Morning Tea</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Sausage Sizzle</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Show Bags</td>
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<td></td>
</tr>
<tr>
<td></td>
<td>- Popcorn</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Fairy Floss</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Entertainment Books</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Entertainment Books Raffle</td>
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</tbody>
</table>

P&F Nominations for 2017

We are seeking a new P&F Secretary whose role is to:

(a) co-ordinate the correspondence of the Association;
(b) keep full and correct minutes of the proceedings of the Committee and Association;
(c) have custody of all books, documents, records and registers of the Association.

If you can see yourself in this very important role, please fill in the P&F Committee Nomination form which is available at the Office.
**Re-usable Lunch Order Bags**

In the spirit of reducing our school’s waste, we have available for purchase at the canteen, two choices of re-usable lunch order bags. The sale of these re-usable lunch order bags is part of our fundraising activities and all profits go to purchasing resources for our school.

Designed to replace paper lunch bags when ordering from the canteen, the re-usable bags have the following desirable qualities:

- Sturdy flat base makes them easy to pack and stack
- Extremely easy to wipe and clean with a damp cloth
- Hygienic zipper pocket to separate money from contact with food
- Transparent pocket displays name and class
- Clear pocket with zipper for money and written lunch order

**Insulated All Rounder - $12**

**Lunch Wallet - $10**

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**My School Rules Competition**

Our school is one of eight schools participating in The My School Rules Competition.

We ask you to please remember to place any of the shopping dockets from Forest Lakes Forum in the Sacred Heart School box located outside Woolworths at Forest Lakes Forum. Alternatively, you may place your shopping dockets in the P&F Box located in the Office, which will be collected and placed in the Sacred Heart School box at Forest Lakes Forum.

The totals of the shopping dockets are tallied during the school term and following school holidays. The school with the biggest improvement in points per enrolled student at the conclusion of the competition period compared to the same period the previous year wins the top prize of $1,000 in shopping vouchers plus all schools win other minor prizes.

We really do value these shopping vouchers as they pay for many of the items we require during the year to carry out fundraising for our school and so we kindly ask you to please support this competition for the benefit of our school.

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**STUDENTS WITH A MEDICAL CONDITION**

Students with a medical condition were sent home medical forms in November of last year for updating. These are required to be updated **EVERY** year. Some students may even require a doctor to complete a form for an existing condition. If you have not returned these forms they need to be sent in by **Monday 13 February**.

If your child is new to the school or has a new medical condition, then you need to call to the office and the forms will be made available to you.

This enables school to provide the best possible assistance to your child in the case of an emergency.

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**UNIFORM SHOP NEWS**

We received a delivery of track suit tops that have been found to be the wrong colour. If you have purchased one of these tops you could you please RETURN to the uniform shop by **Friday 10 February** and they will be replaced with a new jacket with the correct colour.

* Jackets that have already been worn may also be returned. Dawn Barker—Uniform shop.
Re-fuel with Crunch&Sip®
Participating in the Crunch&Sip® program is an easy way to help your kids stay healthy and happy! Crunch&Sip® is a set break during the school day for kids to munch on vegetables or fruit brought from home and rehydrate with water. This gives students the chance to re-fuel, assisting physical and mental performance in the classroom. While primary school aged children in WA are doing a great job of eating enough fruit, only 1 in 6 are getting enough vegetables! Why not pack some fresh vegetables for Crunch&Sip® today such as carrot, celery, snow peas, broccoli, cauliflower, cherry tomatoes or cucumber?

What foods can I pack for Crunch&Sip®?
The Crunch&Sip® break is a time to introduce children to raw vegetables and fruit and encourage the water drinking habit. Fresh vegetables and fruit are the best choice. Please only send foods with a tick:

<table>
<thead>
<tr>
<th>Allowed</th>
<th>Not Allowed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Vegetables</strong></td>
<td><strong>Drinks</strong></td>
</tr>
<tr>
<td>✓ All fresh vegetables (eg celery, carrot sticks, broccoli bits etc.)</td>
<td>✓ Any drinks other than plain water including fruit or vegetable juice, fruit juice drink, fruit cordial, mineral waters, carbonated water</td>
</tr>
<tr>
<td><strong>Fruit</strong></td>
<td>All other foods not permitted include:</td>
</tr>
<tr>
<td>✓ All fresh fruit (eg whole fruits, chopped melon etc.)</td>
<td>✓ Dips, including those that are vegetable based</td>
</tr>
<tr>
<td>✓ Fruit canned in water, juice or ‘no added sugar’ (eg peach slices)</td>
<td>✓ ‘Fruit’ products (eg fruit leather, fruit roll-ups, fruit bars or similar)</td>
</tr>
<tr>
<td>✓ Dried fruit - please limit as it contains concentrated sugar and tends to cling to teeth, increasing risk of tooth decay</td>
<td>✓ Fruit jams, jellies, pies and cakes</td>
</tr>
<tr>
<td><strong>Water</strong></td>
<td>✓ Fruit canned in syrup or jelly or with artificial sweeteners</td>
</tr>
<tr>
<td>✓ Only plain water</td>
<td>✓ Canned or processed vegetables</td>
</tr>
<tr>
<td></td>
<td>✓ Vegetable or potato crisps, hot potato chips</td>
</tr>
<tr>
<td></td>
<td>✓ Vegetable pastries (pies, pasties, sausage rolls)</td>
</tr>
<tr>
<td></td>
<td>✓ Vegetable cakes, fritters, quiches, breads or similar</td>
</tr>
<tr>
<td></td>
<td>✓ Popcorn</td>
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</tbody>
</table>

CRUNCH & SIP CAN ALSO BE ORDERED THROUGH THE CLASS FOR RECESS AND IS PROVIDED FROM THE CANTEEN. CHECK THE CANTEEN MENU FOR THE PRICE.
CRUNCH on Vegetables

This term Crunch&Sip® will be moving in an exciting new direction with a greater focus on packing vegetables for the Crunch&Sip® break.

Why vegetables?
Vegetables and fruit are both important food groups packed with a range of nutrients that promote good health. However, while most West Australian primary school children are doing a great job of eating enough fruit, only 1 in 6 are eating enough vegetables! That’s why it’s important for children to get an extra serve of vegetables during Crunch&Sip® breaks.

Benefits of eating Vegies for Crunch&Sip®

- Vegetables contain vitamins, minerals, phytonutrients and dietary fibre that promote healthy growth and development. Eating plenty of vegetables also reduces your risk of developing type 2 diabetes, heart disease and some cancers.
- Vegetables can be a very cost effective option – a serve of carrot or celery sticks costs no more than 30 cents.
- Do you have fussy eaters? When kids see their peers eating particular foods they are more likely to want to join in and this can lead to changes in food preferences – peer pressure in a vegetable way!

We encourage you to support us in this initiative by providing whole or cut up vegetables as the preferred choice of snack during Crunch&Sip® breaks.

www.crunchandsip.com.au

Mr Landers
WELLNESS CO-ORDINATOR
The Dollarmites are bringing the future to your school.

Since 1931, CommBank’s School Banking program has been offering engaging ways for Australian children to learn the value of saving and develop lifelong money skills. For our 2017 theme, a futuristic adventure is in store. Students will join the new-look Dollarmites as Future Savers, making their way towards the Savings Hover Park – a fantastic playground up in the clouds of a hi-tech metropolis.

Encouraging savings habits with great rewards School Banking will continue to reward children who demonstrate regular savings behaviour, and this year we’re introducing an exciting new range of reward items. Two are released every term, and available in Term 1 are the Cyber Handball and Colour Change Markers. Your child can redeem one of these reward items, while stocks last, after making 10 School Banking deposits. Visit commbank.com.au/schoolbanking to download and print this year’s Rewards Card. On our website you’ll also find a fun activity sheet and a Savings Tracker your child can use to keep track of their School Banking deposits throughout the year.

Dedicated savers get a chance to win a trip to Tokyo Disneyland.

The Future Savers Grand Prize competition will take one lucky student on a family trip to Tokyo, Japan. Up to two adults and three children will get tickets to explore Tokyo Disneyland and Tokyo DisneySea, including the futuristic Tomorrowland attractions. This prize includes:

- Return economy airfares from the winner’s nearest capital city to Tokyo, Japan
- Five nights’ accommodation at the Sheraton Grande Tokyo Bay Hotel
- Three-day Magic Pass to Tokyo Disneyland and Tokyo DisneySea
- AU$1,000 spending money

To enter, your child simply has to make 15 or more School Banking deposits before the end of Term 3, 2017. This will automatically enter them into the competition for a chance to win. For more information, visit commbank.com.au/schoolbanking
TERM DATES 2017—STUDENTS

<table>
<thead>
<tr>
<th>Term One</th>
<th>Term Two</th>
<th>Term Three</th>
<th>Term Four</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 FEBRUARY</td>
<td>26 APRIL</td>
<td>18 JULY</td>
<td>9 OCTOBER</td>
</tr>
<tr>
<td>7 APRIL</td>
<td>29 JUNE</td>
<td>21 SEPTEMBER</td>
<td>8 DECEMBER</td>
</tr>
</tbody>
</table>

ABSENTEES/SICKNESS
In order for the school to reconcile attendance it is a requirement that a message is left on the Absentee Line
9251 3005 as emails to teachers are often not opened at the start of the day. Your co-operation in this regard is appreciated.

UNIFORM SHOP OPENING HOURS
TERM TIME ONLY

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8.00-9.00 am</td>
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<tr>
<td>Tuesday</td>
<td>Closed</td>
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<tr>
<td>Wednesday</td>
<td>Closed</td>
</tr>
<tr>
<td>Thursday</td>
<td>8.00—9.00 am</td>
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<tr>
<td>Friday</td>
<td>2.30-3.30 pm</td>
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</tbody>
</table>

If you are unable to come at these times please complete a uniform order form available from the Office, pay for it and your orders will be filled and delivered to your child’s class.

RECYCLE YOUR USED BATTERIES INTO THE BATTERY RECYCLING BIN IN THE OFFICE MONDAY—FRIDAY

COMMBANK SCHOOL BANKING
EVELY MONDAY.

SOUTH THORNELIE REDSOX SOFTBALL CLUB
Online registration and more information now available on www.stredsox.com
Juniors—$120.00
Sub-Juniors $100.00

School Hours: Mon - Fri 8.30am to 2.45pm
Office Hours: Mon - Fri 8.00am to 4.00pm

APPOINTMENTS
Parents are reminded to contact the office in order to set up an appointment with staff members.

Principal: By appointment only.

Loreto Child Care Centre: 9251 3014
Outside School Hours Care: 9251 3015
0417 091 296

PARISH TIMETABLE

WEEKEND MASS TIMES
Saturday Vigil 6.00pm
Sunday 8.00am and 10.00am

WEEKDAY MASS TIMES:
Tuesday, Thursday & Friday 8.45am
Wednesday 8.45am Parish or School Mass
Saturday 8.45am

RECONCILIATION
Sat 5.00-5.30pm before Mass or anytime by Appointment.
PH: 9459 4459
Website: www.thornlie.perthcatholic.org.au

Monday 8.00—9.00 am
Tuesday Closed
Wednesday Closed
Thursday 8.00—9.00 am
Friday 2.30—3.30 pm

GOING HOME THIS
08/02/2017

Altar Server Training
Yr 5 only

City of Gosnells
Eldest child

Pre-Primary
On-line assessment
All PP students